

Jovita Jenkins Bio

Jovita Jenkins is an executive coach and consultant, specializing in leadership development. Jovita serves as a coach and mentor to professionals and executives who seek to get out of their own way, unleash their greatness, and S.O.A.R™. A nationally known speaker and the author of the best selling book, *Get Out Of Your Own Way – Create The Next Chapter Of Your Life*, Jovita challenges clients and audiences to think differently about their lives and overcome roadblocks to their success.

A pioneer in the Aerospace industry, Jovita forged a career that lasted for three (3) decades, starting as an engineers and holding culminating as a director. She currently has a contract to support a major Aerospace company as an on-going executive/leadership coach. Her passion is to leverage her hard won wisdom and effective strategies to help women leaders be more effective and technology professionals successfully transition from individual contributor to management roles.

Jovita, a Commissioner on the Los Angeles City Quality and Productivity Commission, holds Bachelors and Masters degrees in Mathematics from Cal State Los Angeles, an MBA from UCLA's prestigious Anderson School of Business, and is certified as a professional coach through the International Coach Federation. A prior TEC Chair, providing executive coaching services to CEO members of TEC International, Jovita also works with the Executive Service Corp, an organization dedicated to strengthening non-profit organizations, as a coach and mentor to Executive Directors, and as a mentor in the MOSTE program for junior and senior high school aged girls. Jovita, an avid golfer, is married and has a blended family that includes 6 grown children.

Jovita can be contacted through her websites: www.jovitajenkins.com, and www.ajides.com. Her book *Get Out Of Your Own Way*, can be purchased on her website or through Amazon.com.

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