

## Jovita Jenkins Bio

Jovita Jenkins is an executive coach and consultant, specializing in leadership development. Jovita works with leaders to help them increase their professional success particularly in the areas of executive presence, communications effectiveness and transitioning into new roles. Her unique background as a pioneer in the male-dominated aerospace industry, business and technology education, and focus on helping clients get out of their own way and change behaviors that can inhibit their success, make her the ideal coach for clients who value her ability to truly understand their context and help them overcome their challenges. She is particularly adept at coaching and mentoring women leaders, and technology professionals assuming management roles. Ms. Jenkins is the founder of Ajides International, Inc., a management consulting, executive coaching, and leadership training firm. Jovita is also a dynamic speaker and the author of the highly acclaimed book, *Get Out Of Your Own Way – Create The Next Chapter Of Your Life*.

Before reinventing herself as an executive coach, consultant, speaker, and author, Ms. Jenkins forged an aerospace career lasting for 3 decades. Starting as one of the first black women engineers at Rockwell International and culminating as director of systems integration at TRW (now Northrop Grumman). She also spent a year as a TEC Chair, providing executive coaching services to CEO members of TEC International, and taught a seminar for emerging leaders at UCLA.

Jovita, a Commissioner on the Los Angeles City Quality and Productivity Commission, holds Bachelors and Masters degrees in Mathematics from Cal State Los Angeles, an MBA from UCLA's prestigious Anderson School of Business, and is certified as a professional coach through the International Coach Federation. Jovita is married and has a blended family that includes 6 grown children. Jovita has become an avid golfer and works diligently to decrease her handicap.

Jovita can be contacted through her websites: [www.jovitajenkins.com](http://www.jovitajenkins.com), and [www.ajides.com](http://www.ajides.com). Her book *Get Out Of Your Own Way*, can be purchased on her website or through Amazon.com.

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